

Europa Donna Luxembourg

What is Europa Donna Luxembourg?

Founded in 2002, Europa Donna Luxembourg is a non-governmental organization with several missions: informing the general public and breast cancer patients about breast cancer topics, promoting breast cancer screening, and promoting the recent knowledge of the research concerning the breast cancer. Moreover, Europa Donna Luxembourg participates to improve the support of the breast cancer patients at the diagnosis, during the treatment and the convalescence. Every year the Europa Donna Luxembourg organises the Broschkriibslaf a national breast cancer patient solidarity event.

Offer in the way of physical activity

Europe Donna encourages people who have or have had a cancer to participate in physical activities adapted to their abilities. A list of the activities, as well as the contact details of the experts, are provided by the association.

Types of exercises offered

Europa Donna proposes breathwalking, sophrology, yoga and dance. The activities can be offered individually or in groups.

Who can participate?

The activities are open to everyone.

What are the costs?

Europa Donna will cover 50% of the costs for its members.

Who can you contact to participate in the activities?



Breathwalk

Laurence FALCETTA
Coach de vie
Educatrice Sport-Santé

contact@enoya.eu
www.enoya.eu
Tél. : +352 621 79 38 37



Sophrologie

Rose Mary Luce PERDREAU
Sophrologue-somatothérapeute

lucisophroenergies@gmail.com
Tél. : +352 691 49 03 52



Individuelles, méditatives Yoga

Angelika NETTE MANN
Enseignant en yoga et thérapie

a.nettemann@web.de
www.lux-yoga.lu
Tél. : +352 621 78 78 09



Tanztherapie

Monique SPAUTZ
Tanz - und Bewegungstherapeutin

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Information & registration

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